

AUTUMN 2017 TERM 1

	<u>Menu Week 1</u>	<u>Menu Week 2</u>	<u>Menu Week 3</u>
	Bread available every day	Bread available every day	Bread available every day
	Monday	Monday	Monday
Meat Option	Cheesy topped pasta bolognese packed with vegetables served with warm ciabatta bread	Jacket potato served with choice of salmon, cheese, beans, coleslaw & salad	Traditional beef lasagne with mixed salad & focaccia bread
Veg Option	Quorn bolognese as above	Jacket potato served with choice of cheese, beans, coleslaw & salad	Quorn mince & pepper lasagne as above
Dessert	Muller yoghurt	Muller yoghurt	Muller yoghurt
	Tuesday	Tuesday	Tuesday
Meat Option	Turkey meatballs in a rich tomato sauce with brown rice & broccoli florets	Hotdog served in a soft wholemeal roll, herb diced potatoes, mixed salad & ketchup	Chicken fillet served in a seeded bun with herb diced potatoes, lettuce & mayo
Veg Option	Veggi meatballs as above	Veggi hotdog as above	Veggi burger as above
Dessert	Watermelon or honeydew wedge	A peach or pineapple wedge	Apple or banana
	Wednesday	Wednesday	Wednesday
Meat Option	Chicken breast nuggets with mashed potato & baked beans	Mild chorizo, pepper & tomato penne pasta served with garlic bread & baby corn	Gammon ham served with mashed potato & beans
Veg Option	Veggi nuggets as above	Courgette & button mushroom pasta as above	Cauliflower cheese
Dessert	Carrot cake & custard	Warm waffle with mixed fruit & vanilla ice cream	Oat & raisin cookie
	Thursday	Thursday	Thursday
Meat Option	Roast beef, yorkshire pudding, cauliflower, baby carrots, green beans & roast potatoes	Roast turkey breast with broccoli, leeks, carrots & roast potatoes	Roast chicken breast served with broccoli, swede & carrot & roast potatoes
Veg Option	Quorn as above	Quorn fillet as above	Quorn fillet as above
Dessert	Cherry & coconut brownie	Mango or strawberry iced smoothie	Mini milk
	Friday	Friday	Friday
Meat Option	Tuna tortilla wrap with potato wedges & cherry tomatoes	Jumbo cod fish finger with buttered new potatoes & peas	Fish cake with new potatoes & peas
Veg Option	Cream cheese & salad wrap as above	Grilled haloumi & mixed salad	Veggi kiev as above
Dessert	Strawberry mousse	Sunflower seed & cranberry flapjack	Raspberry & white chocolate muffin